FREE GUIDE

Portland Food Lover's Starter Guide

How to eat like a local — 12 moves for your first month

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Portland's food scene rewards the curious. This starter guide gives you a game plan: where to look, what to try first, and how locals actually find the good spots.

- **1. Hit the food cart pods**
  Portland's carts are legendary — whole pods let you taste five cuisines in one lunch.
- **2. Farmers markets first**
  Saturday markets are the fastest way to learn what's in season and who's cooking it.
- **3. Follow the lunch lines**
  A line of locals at noon is the most honest review in the city.
- **4. Try the food halls**
  Multiple vendors under one roof — perfect for indecisive groups.
- **5. Brunch is a sport here**
  Arrive early or expect a wait; it's worth it.
- **6. Ask your server**
  'What's good today?' beats any menu description.
- **7. Explore the neighborhoods**
  Each district has its own flavor — make a crawl of it.
- **8. Happy hours are real deals**
  Many top spots discount their best dishes before 6pm.
- **9. Don't skip the bakeries**
  Portland bakes at a world-class level.
- **10. Food trucks at events**
  Festivals and street fairs are scouting grounds for future favorites.
- **11. Keep a list**
  Note what you loved — you'll want to go back.
- **12. Share your finds**
  Post your discoveries so other locals can try them too.

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Want the full version?

CraveCloud is Portland's food board — discover spots and share your own finds.

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